

**CoMMotion and James Madison University**  
**Mid-Atlantic Summer Dance Intensive**  
**Mail all correspondence to:**  
**13097 Wisteria Ave. Suite B Germantown, Md. 20874**

All students and guardians of participating students, prior to enrollment and participation in the Mid-Atlantic Summer Dance Institute sponsored by CoMMotion and James Madison University (referred to herein and after in this document Dance Camp) must first read, then complete the following **Waiver of Liability and Acknowledgement Form**.

I,(parent's or guardian's name) \_\_\_\_\_ agree to assume all risks incidental to participation in dancing and all (Student's Name) \_\_\_\_\_ related activities associated with the Dance Camp. I hereby grant permission for myself, or my child to attend the Dance Camp. I hereby release Dance Camp from any and all liabilities, claims, actions, damages, costs, and/or expenses, arising from or in any way connected with my participation in all activities conducted by Dance Camp.

I hereby agree that Dance Camp, its owners, officers, and instructors, are not in any capacity personally responsible or liable for any injuries or damage resulting from my participation in any Dance Camp programs. I fully understand and acknowledge that dancing and related activities are inherently dangerous activities. I acknowledge and assume any and all risk associated with these activities.

**Right To Photograph:** By signing this agreement I hereby give my consent and approval to Dance Camp, that they shall have the rights, without obtaining my further approval, to photograph, take motion pictures of, televise, or reproduce in any manner or through any media, images of myself, my child, and my legal guardians. Dance Camp shall have the right to, display, use, sell or license any such pictures or other reproductions for any purposes commercial or otherwise without monetary compensation to myself, my child or my Ward.

Yes \_\_\_\_\_ No \_\_\_\_\_ (Please Check One)

I hereby authorize any Dance Camp personnel to conduct any minor Medical First Aid that may be required for my child or myself.

Yes \_\_\_\_\_ No \_\_\_\_\_ (Please Check One )

I hereby authorize any Physician or Nurses selected by Dance Camp personnel to order and conduct medical or surgical procedures deemed necessary for myself or my child in an emergency situation. I understand that I will be responsible for all Hospital, Laboratory, and Doctor Fees.

Yes \_\_\_\_\_ No \_\_\_\_\_ ( Please Check One )

I verify that I am in good health and am fully capable of participating in any and all strenuous activities associated with any Dance Camp activities. I fully understand that each participant must be a competent dancer and acknowledge that I am a competent dancer.

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*Participant's signature and Date above*

I, (Guardian's Name) \_\_\_\_\_, as the parent or legal guardian of (Students name)

\_\_\_\_\_ (give my permission for my child or Ward to participate in Dance Camp activities. I do understand and acknowledge the above stated risks associated with my child or Ward's participation in dance related activities with the Dance Camp.

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**(Parent or Legal Guardian signature and Date)**

## MASDI INFORMATION AND ITEMIZED PACKING LIST

### Campers and Families....

Drop off is between 2:00 and 4:00; follow the MASDI signs on campus (you will see them posted as you enter the campus) You will pick up the key to your dorm room at the front door of the dorm! We are in the Bluestone complex, Converse building (which is lovely).

HAIR: buns for ballet, and Derrick's Jazz class...bring plenty of hairnets and pins...clean, neat, pony tail for Hip-Hop and contemporary

Dorm life...our dorm is air conditioned, and has a refrigerator on the floor...please mark your items...bring ice packs a lot of ice packs! and plenty of water and HEALTHY snacks.

Camera, cell phones and chargers (cell phones may not be brought into class and may only be used in the evening). We would like to have the girls live in the moment.

My cell number is 301-509-8851 and will be with me at all times if you need to get a message to your dancer/camper. We require that all dancers wear sneakers to walk around campus in. You can bring flip flops and sandals for evening casual wear in the dorm. We don't want to have any tendonitis or twisted ankles from wearing sandals.

### Money

- For doing laundry...I will bring the detergent softener (no dye in the detergent)
- Campus book store that has some snacks.
- First Saturday! Our celebration of making it through the first week of camp! We go the water park (campers will want money to buy a quick lunch there). Then we go out to dinner that night at a local restaurant (real people food) and then off to the mall for a "normal teenage outing".
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**NO PHONES ARE PERMITTED TO BE WITH THE DANCERS DURING THE DAY. THEY ONLY HAVE PHONE PRIVILEGES AT NIGHT.**

## Itemized Packing List 2013

### Dance Bag

#### Shoes:

- Tap (prefer black)
- Jazz (sneakers and shoes) tons of socks for warm-ups BLACK socks for performance!
- Ballet (split sole would be preferred)
- Pointe (if you have been studying for two or more years)
- Character black and tan (if you have them, please don't go out and buy these)

#### Attire for Class:

#### **Please no LOGOs on any dance attire or patterns (thank you)**

- Ballet 2 Black Leotards and pink tights, other ones that are solid colors, black skirt are optional bring at least 2 black leotards and 2 pair of pink tights( with feet or transitional)
- Jazz (leotards, tights, capri pants, jazz pants, dance tank tops) 2 pairs of black long jazz pants for picture day!
- Contemporary (leotards and tights, or Capri pants and dance tank top)
- Hip-Hop (same as jazz) may wear fun and funky stuff, sweats and fun tops
- Tap (same as jazz)
- HAIR: bobby pins, **hairnets**, hair ties (hair must be pulled back securely for ballet and jazz) (buns for ballet and Derrick's class)
- Make-up for final show (mascara, eyeliner, blush, lipstick, eye shadow and base)
- Tons of socks (black socks for performance)
- Bring some of your favorite lyrical costumes...for fun!

**Attire for campus life: campers must wear sneakers to walk around campus...no sandals or flip flops please.**

6 Shorts  
6 T-shirts  
12 Undergarments (you'll go through at least two a day)  
Pajamas & slippers  
Raincoat (slicker) & Umbrella we walk everywhere, please be prepared  
Hats for fun!  
Jeans  
Sneakers (**mandatory**)  
Swimsuit, swimming towels, flip-flops for going to the water park  
Suntan lotion for the Water Park\*

**Personal Items:**

**Deodorant**  
Shampoo  
Conditioner  
Razors  
Paper Towels  
Bath Towels  
Nail clippers  
Band aids  
Ace bandage  
Nail polish remover (no nail polish is worn at the end performance)  
Tissue  
Sore Muscle Medication of choice, Icy Hot, Ice Packs, ibuprofen, alleve  
Allergy Medications, etc.  
Books, magazines  
Reading Light  
Ipod dock & flash drive  
Sheets (long ones)  
Comforter  
Pillows  
Chargers for media  
Soap hand soap for the bathroom  
Feminine Products  
Hand soap  
Zip lock bags  
Trash bags for dirty clothes  
Small garbage can  
Hamper  
Hangers  
Box of tissue  
Please bring a **lanyard** to put your key and food card on!!

All students must give a **\$20** key deposit when they check in, please have correct change. If they don't lose their key, they will receive their deposit back upon check out!

We have organized activities in the evenings and we are asking that you to bring some supplies to make it more personalized!

Things to bring:

- Decorations for rooms (tape, signs, streamers, magazines to cut out, scissors, balloons, etc.) Yes, there will be a silly contests....we love silly contests!
- Fun contests that we've done...silly hair, door decoration, lip sync...you can see where we are going with this...LOL...it's summer....time to dance and time to make friends.