

Summer 2010 Schedule

CoMMotion 2010 Dance & Fitness Schedule 13097 Wisteria Dr. Germantown 301-515-8908

Time	Mon-A	Mon-B	Mon-C	Tues-A	Tues-B	Tues-C	Wed-A	Wed-B	Wed-C	Thurs-A	Thurs-B	Thurs-C
4:30- 5:30												
5:30-6:30	Turns+ Leaps I T/T Adriane		Rental		Combo (5 & 6 yr olds) 5:30-6:30 Adriane	Tots N' Motion 5:45-6:30 Bonnie	Jazz II (8-11) Bonnie	ZUMBA Sophie		Tap II/III T/T Bonnie	Break N' PoP (8-12) Sam	
6:30-7:30	Ballet III/IV 6:30-8pm T/A Hans	Adult Jazz 6:00-7:00 Bonnie	Rental	Turns & Leaps II T/A Bonnie	ZUMBA Dawn		Hip-Hop I/II T/A Dawn			Jazz IV T/A 6:30-8:00	Hip/Hop (T/A) II/III Dawn	
7:30-8:30		Adult Tap 7:00-8:00 Bonnie	Rental	Ballet III (T/A) Hans	Pilates Mat Dawn		Contemporary I/II T/T Dawn	Ballroom Jaime Adult	Ballet I/II T/T Hans		ZUMBA Dawn	

Group Reformer Pilates					
Time	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30-11:30	Pilates Bonnie	Pilates Bonnie	Pilates Bonnie	Pilates Bonnie	
11:30-12:30	Pilates Bonnie	Pilates Bonnie	Pilates Bonnie	Pilates Bonnie	
6:30-7:30				Pilates Lisa	
7:30-8:30 PM	Pilates Lisa				

Prices Session 1 June 21 - July 9		Prices Session 2 July 26 - Aug 6		Both Sessions June 21 - Aug 6	
Three Weeks		Two Weeks		Five Weeks	
1	\$54	1	\$36	1	\$90
2	\$105	2	\$70	2	\$175
3	\$153	3	\$105	3	\$258
4	\$204	4	\$136	4	\$340